



TARA MYSHRALL

Operator
Empath Futurist.
Leadership Catalyst



Founder of **Lead Elevated**



Creator of
Vibrational Leadership





The Speaker Executives Trust When the Room Needs to Shift.

Tara doesn't deliver talks; she delivers leadership recalibrations

Her presence is warm authority. Her lens is global. Her impact is immediate. She weaves 20+ years of enterprise leadership with lived resilience, deep human empathy, and powerful clarity that cuts through noise and activates action.

Audiences consistently describe Tara as:

"A catalytic, high-impact voice redefining modern leadership."



Why Organizations book Tara

✓ 20 years of leadership experience

across enterprise tech, operations, training, and global cultural immersion

✓ DEEP empathic intelligence

that allows her to read a room, shift energy, and rebuild trust in real time.

✓ Executive-level pragmatism

-no fluff, no theatrics, only clarity and actionable systems.

✓ Global human insight

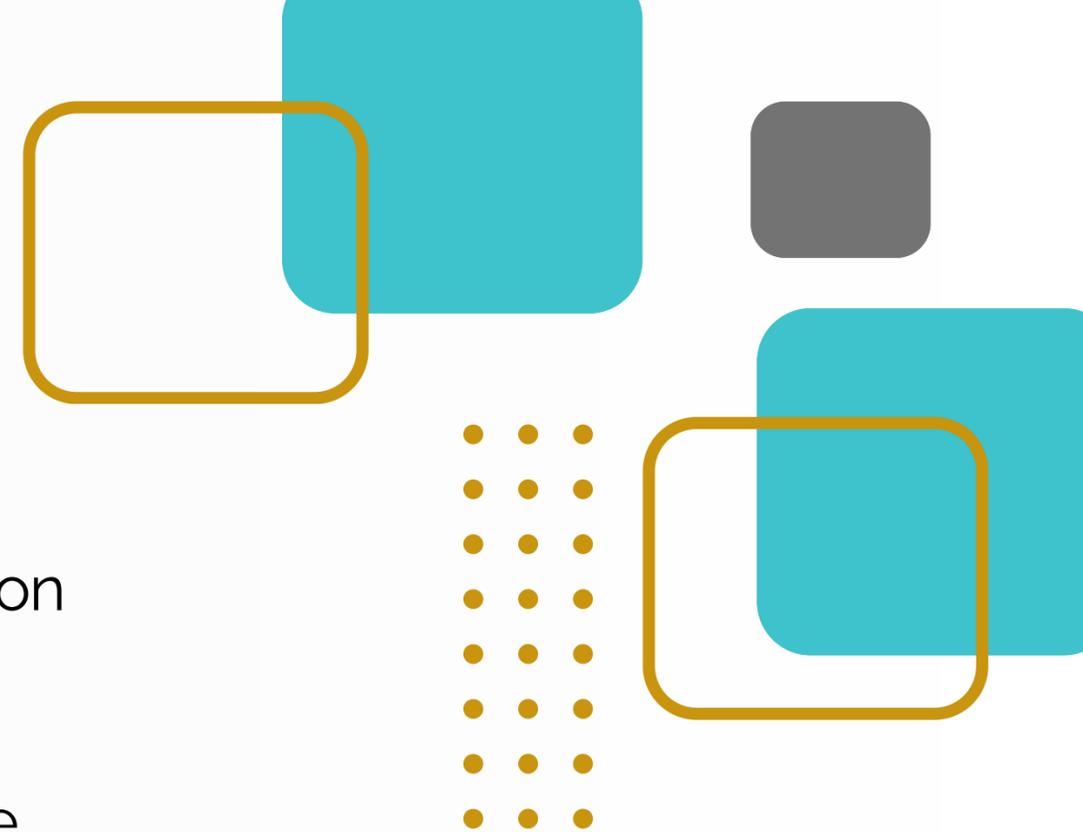
from traveling the world studying culture, belonging, performance, and connection.

✓ Evidence-based leadership frameworks

grounded in psychology, communication science, and organizational performance.

✓ A signature presence

that blends strength, compassion, precision, and lived resilience.



Outcome:

Rooms don't just leave inspired 4 they leave elevated and ready to execute.

SIGNATURE KEYNOTES. HIGH IMPACT & TRANSFORMATIONAL

Each **keynote** is crafted for executive teams, global organizations, and leadership summits, where the **goal** is more than inspiration; **it's behavioral change.**





1

Vibrational Leadership: The New Frequency of High- Performance Leadership

Your internal state becomes your leadership signal and your signal shapes **execution**, **trust**, and **culture**.



This keynote helps leaders:

- ✓ Elevate clarity and emotional regulation under pressure
- ✓ Increase trust velocity and team cohesion
- ✓ Lead with energy that accelerates performance

Impact:

Leaders walk out knowing exactly how to shift themselves 4 and immediately shift their teams.

2

Resilience as a Leadership Frequency:

How to Lead When Life Hits Hard

A deeply human, unflinchingly honest keynote rooted in Tara's lived experiences ; Climbing Everest, Stroke Survivor, Single Motherhood, Rebuilding After Loss, Reinvention through Global Exploration.



How to lead with courage and coherence in adversity



How to convert pressure into presence



How emotional regulation becomes a competitive advantage

Impact:

This talk moves rooms.

High emotional resonance with **concrete action.**

3

Human + AI Leadership: The Leaders Who Will Win the Future



Most leaders fear AI.
Elevated leaders integrate it; without losing their humanity.

Tara teaches leaders to:

- ✓ Strengthen digital trust and decision-making
- ✓ Integrate human intelligence + emotional intelligence + AI intelligence
- ✓ Stay centered and strategic in a rapidly evolving landscape

Impact:

Leaders gain confidence, clarity, and capability in navigating the AI era.



4

High-Frequency Sales: Connection, Clarity, Conversion

Sales is not about persuasion; it's about energetic clarity, emotional intelligence, and trust velocity.



Build instant human connection

with global emotional intelligence



Use clarity to accelerate decisions



Elevate their leadership signal

to increase deal flow



Communicate with precision

empathy, and authority

Impact:

Sales leaders leave with a new operating frequency; and a clearer path to closed-won.



Leaders learn how to:

- ✓ Reduce friction and cognitive load
- ✓ Create clarity-centered operating rhythms
- ✓ Lead meetings that elevate execution instead of draining it

Impact:

Leaders shift from reactive to intentional 4 improving execution instantly.



5

Elevated State, Elevated Results:

The Performance Power of Presence

High-performing teams don't succeed by effort; they succeed by **energy alignment**.

6

Trust Velocity:

The Fastest Accelerator of Organizational Speed



Trust is built through behavior, coherence, and consistent leadership signals.

- ✓ Build psychological safety and belonging quickly
- ✓ Communicate transparently and decisively
- ✓ Strengthen credibility and team confidence



IMPACT

Teams move faster because they trust faster.

7

Women Who Lead: Strength, Strategy & The Power of Embodied Leadership



A keynote for women redefining leadership with clarity, power, and empathy.



Impact

**High resonance, deep confidence,
powerful identity alignment.**

8

Reinvention Through Clarity: Transforming Identity After Adversity

For leaders, innovators, and teams
navigating change.

reINVENT
MYSELF

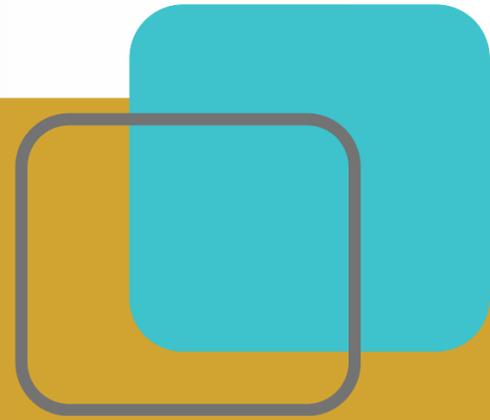


Impact

A powerful reset that gives leaders
permission to evolve.



What makes Tara Different



- ✔ **She blends global cultural intelligence with corporate clarity.**
Her worldview is shaped by travel, immersion, and observation across continents.
- ✔ **She brings deep empathy without losing executive edge.**
Her presence builds instant psychological safety.
- ✔ **She activates energy, not hype.**
Energy is a performance input 4 and she teaches leaders how to regulate and elevate it.
- ✔ **Her storytelling is real, raw, and unforgettable.**
Not theory; lived experience.
- ✔ **Her frameworks are practical and repeatable.**
Leaders leave knowing what to do next.

Book Tara

When organizations want transformation, not inspiration- they call Tara.

- Keynote Bookings

- Corporate Trainings

- Leadership Retreats

- Executive Offsites

Request a **Proposal** or **Book a Discovery Call** to bring **Tara** to your next event.



Thank You



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